

**MONTHLY REPORT ON LEARNING AND DEVELOPMENT PROGRAMS AND ACTIVITIES FACILITATED AND ENDORSED TO LRTA EMPLOYEES (TECHNICAL & NON-TECHNICAL)
 JANUARY 2021**

| No. | Date | Title of Learning and Development Program / Activity | Target Participants | Office of attendees | Subject Matter Expert / Learning and Development Institution | Venue | ISO Process | | |
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| | | | | | | | Management Process | Core Process | Support Process |
| A. IN-HOUSE TRAININGS (online) | | | | | | | | | |
| 1 | January 12, 2021 2:00 - 5:00 PM | Online Orientation on LRTA's Strategic Performance Management System (SPMS): Accomplishment of Individual Performance Commitment and Review (IPCR) Form | LRTA Newly Hired Employees | KMITD, SSD, TOD, BDPRD, CPRD, L1-SEP, L2-WEP, L2-EEP, L1-RSISD | Human Resource Management Division- Training Section | via Zoom | 0 | 3 | 9 |
| B. RETRAINING COURSE FOR TRAIN DRIVERS | | | | | | | | | |
| 1 | January 11-12, 2021 | Retraining Course for Train Driver (Mr. Arnel T. Racoma) | TOD | TOD | Operations Department | Social Hall and Revenue Line | - | | |
| 2 | January 11 & 13, 2021 | Retraining Course for Train Driver (Mr. Johncris D. Penacilla) | TOD | TOD | Operations Department | Social Hall and Revenue Line | | | |
| 3 | January 20 & 22, 2021 | Retraining Course for Train Driver (Mr. Carlos L. Gomzales) | TOD | TOD | Operations Department | Social Hall and Revenue Line | | | |

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| 4 | January 20 & 22, 2021 | Retraining Course for Train Driver (Mr. Allan B. Robles) | TOD | TOD | Operations Department | Social Hall and Revenue Line | | | |
| 5 | January 22-24, 2021 | Retraining Course for Train Driver (Mr. Jay Anthony D. Tayag) | TOD | TOD | Operations Department | Social Hall and Revenue Line | | | |
| 6 | January 28-29, 2021 | Retraining Course for Train Driver (Mr. Albert E. Paragas) | TOD | TOD | Operations Department | Social Hall and Revenue Line | | | |

C. LOCAL TRAININGS

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| 1 | None | | | | | | | | |
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D. FOREIGN TRAVEL

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| 1 | None | | | | | | | | |
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E. SCHOLARSHIP

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| 1 | None | | | | | | | | |
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F. RAILWAY CRITICAL TRAININGS

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| 1 | None | | | | | | | | |
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G. WEBINARS

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|---|-----------------|--|---|---|----------------------------------|--------|--|--|--|
| 1 | January 4, 2021 | Digital Marketing Strategy | Planning Department, Business Development and Public Relations Department | - | Google Digital Garage | Online | | | |
| 2 | January 4, 2021 | Get Started with Digital Advertising | Planning Department, Business Development and Public Relations Department | - | Google Digital Garage | Online | | | |
| 3 | January 4, 2021 | 3 Keys to Personal Growth and Financial Freedom | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Waters Philippines (Official) | Online | | | |

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| 4 | January 4, 2021 1:00PM | Health Symposium : Boost Your Immune System | Administrative Department, Medical Unit | - | First Vita Plus | Online | - | - | - |
| 5 | January 04, 2021 3:00 - 4:00PM | Renewable Energy: What are the Bright and Dark Sides? | Engineering Department, PMOs | - | Engineers Without Borders - Malaysia | Online | - | - | - |
| 6 | January 5, 2021 | Build Engaging Presentations | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Google Digital Garage | Online | | | |
| 7 | January 5, 2021 | A global pandemic resilience webinar Sustainable community development and How to deal with loneliness & isolation amidst the pandemic | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Compassion & Wellness Webinar 2021 by Language Academy -University of Technology, Malaysia | Online | | | |
| 8 | January 5, 2021 | Infrastructure Development Program (IDP) Forum | Lines 1 & 2 Engineering Department, Project Management Offices (L1 CAVEX, L2 EEP, L2 WEP) | - | DOST- Council for Industry, Energy and Emerging Technology Research and Development (PCIEERD) | Online | | | |
| 9 | January 05, 2021 2:00PM | Foreign Body Airway Obstruction | Administrative Department, Medical Unit, SSD, EQRT | - | LifeSaver | Online | - | - | - |
| 10 | January 05, 2021 5:00PM - 6:00PM | How to Speak Confidently at Work (Part3) New Module Series | All Interested LRTA Employees | - | Mr. Jonathan Yabut-The Apprentice Asia Winner | Online | - | - | - |
| 11 | January 6, 2021 2:00 PM - 3:00 PM | Analyze, Alter, & Attract Home Energy for Prosperity & Good Health in 2021 | All Interested LRTA Employees | - | Holy Angel University | Online | - | - | - |

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| 12 | January 6 and 8, 2021 1:00PM | Health Symposium : Boost Your Immune System | Administrative Department, Medical Unit | - | First Vita Plus | Online | - | - | - |
| 13 | January 6, 2021 | L & D Strategy: The Three Invisible Elephants | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | The Institute of Leadership and Management | Online | | | |
| 14 | January 6, 2021 | M.I.N.D. Coaching Workshop for Mental Health | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Coach A and LIFE COACH Philippines | Online | | | |
| 15 | January 7, 2021 | Writing for Social Media | Public Relations Division | - | Google Digital garage | Online | | | |
| 16 | January 7, 2021 2:00PM | Cardio Pulmonary Resuscitation | Administrative Department, Medical Unit, SSD, EQRT | - | LifeSaver | Online | - | - | - |
| 17 | January 07, 2021 3:00PM | Understanding social communication in Autism Spectrum Disorder | Administrative Department, Medical Unit, HRMD, Operations Department, PRD, LRTA Accessibility Committee | - | PCU Psychology Society with speakers from Autism Strong PH | Online | - | - | - |
| 18 | January 08, 2021 05:00 AM | Who Goes First? Ethics and Impact of Targeted Vaccinations for COVID-19 | Administrative Department, Medical Unit | - | American College of Chest Physicians | Online | - | - | - |
| 19 | January 8, 2021 2:00 AM | The Top Trends and Economics Reshaping Construction in 2021 | Planning Department, CPRD, Engineering Department, PMOs | - | Coltivar | Online | - | - | - |

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| 20 | January 08, 2021 5:00PM - 6:00PM | Online Live Selling for Beginners | All Interested LRTA Employees | - | Mr. Jonathan Yabut- The Apprentice Asia Winner | Online | - | - | - |
| 21 | January 8, 2021 | Kwentong Lingkod Bayani | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Civil Service Institute - CSC | Online | | | |
| 22 | January 11, 2021 | Free Session: Introduction To Advanced Ms Excel | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Nordic Chamber of Commerce of the Philippines | Online | | | |
| 23 | January 11, 2021 | Managing Upwards | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Chartered Management Institute | Online | | | |
| 24 | January 11, 2021 | Digital Transformation and Digital Ecosystems | AFC System Administration Division, Knowledge Management and Information Technology, Project Management Offices (L1 CAVEX, L2 FEP, L2 WEP) | - | National Academy of Science and Technology | Online | | | |
| 25 | January 11, 2021 | Get Started with Analytics | AFC System Administration Division, Knowledge Management and Information Technology, Project Management Offices (L1 CAVEX, L2 FEP, L2 WEP) | - | Google Digital Garage | Online | | | |
| 26 | January 12, 2021 | Live Webinar: Financial Planning Basics | Finance Department | - | StashAway Academy | Online | | | |
| 27 | January 12, 2021 | Mental Health Webinar | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Jodie Wallis, Operations Director at Mind in Brighton and Hove | Online | | | |

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| 28 | January 12, 2021 | Free Basic Illustrator | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | PressStart Studio | Online | | | |
| 29 | January 13, 2021 | Free Online Class: How to Automate Digital Certificate Using Autocrat | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Remote Classroom Ph | Online | | | |
| 30 | January 13, 2021 | TAKE THE LEAD WITH E.V.O.C. (Evaluate, Visualize, Observe and Create) Coaching Workshop | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Coach A and LIFE COACH Philippines | Online | | | |
| 31 | January 13, 2021 | Webinar: Document Management for Design and Construction Workflows | Lines 1 & 2 Engineering Department, Project Management Offices (L1 CAVEX, L2 EEP, L2 WEP) | - | CIM Technologies Inc. | Online | | | |
| 32 | January 13, 2021 | Building Safe Act Webinar | Lines 1 & 2 Engineering Department, Project Management Offices (L1 CAVEX, L2 EEP, L2 WEP) | - | Construction Clients Forum | Online | | | |
| 33 | January 14, 2021 | AUTOCADD 2021 ESSENTIALS | Lines 1 & 2 Engineering Department, Project Management Offices (L1 CAVEX, L2 EEP, L2 WEP) | - | Autodesk Community Philippines | Online | | | |
| 34 | January 14, 2021 | Free Basic I.T. | AFCS System Administration Division, Knowledge Management and Information Technology | - | PressStart Studio | Online | | | |

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| 35 | January 14, 2021 | Diversity in Recruitment Webinar | Administrative Department-HRMD | - | Natasha Bloomfiled-Reid, Founder and Director of Diverse Matters | Online | | | |
| 36 | January 15, 2021 | Elevate: Raising a 21st-Century Workforce | Administrative Department-HRMD, Project Management Offices (L1 CAVEX, L2 EEP, L2 WEP) | - | ECCP - European Chamber of Commerce of the Philippines | Online | | | |
| 37 | January 15, 2021 | Free Presentation Skills | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | PressStart Studio | Online | | | |
| 38 | January 15, 2021 | Stress and Change Management Free Webinar | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | PressStart Studio | Online | | | |
| 39 | January 18, 2021 | Free Session: Intro to Advanced MS Excel for HR Application | Administrative Department-HRMD, Project Management Offices (L1 CAVEX, L2 EEP, L2 WEP) | - | Nordic Chamber of Commerce of the Philippines | Online | | | |
| 40 | January 18, 2021 | Coaching Culture at Work | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | LIFE COACH Philippines, LIFE COACH OMAN and Coach Mau | Online | | | |
| 41 | January 19, 2021 | Safety Leadership at the workplace | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | LIFE COACH Philippines | Online | | | |
| 42 | January 19, 2021 | How to start an E-Commerce Business | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Allageentrepreneurs and Mummy Circle | Online | | | |

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| 43 | January 19, 2021 | Webinar: Earning from Dividends and Undervalued Stocks | Business Development Division | - | First Metro Securities | Online | | | |
| 44 | January 19-22, 2021 2:00PM | "Negosyanteng Pinoy: Makabagong Superhero sa Gitna ng Pandemya" Topic: Industrial Health and Safety in the Workplace | Administrative Department, Medical Unit, SSD, BDD | - | DTI Philippines with United Nations Industrial Development Organization | Online | - | - | - |
| 45 | January 19, 2021 4:30 PM – 5:30 PM | Hybrid Workplace: Safe Return to Work with AI Based Collaboration | Planning Department, KMITD | - | Cisco | Online | - | - | - |
| 46 | January 20, 2021 10:00AM | Basics of Fire Detection Alarm System (FDAS) | Administrative Department, AMD, Engineering Department, SSD, EQRT | - | Anako Philippines Corporation in partnership with Honeywell Philippines, Inc. | Online | - | - | - |
| 47 | January 20, 2021 12:00 NN | Maintaining Balance: Approach to Residual Vertigo | Administrative Department, Medical Unit | - | UP Medisina | Online | - | - | - |
| 48 | January 20, 2021 2:00 PM | "Negosyanteng Pinoy: Makabagong Superhero sa Gitna ng Pandemya" Topic: Diversification Competitiveness and Market Access | Planning Department, BDPRD, BDD | - | DTI Philippines with United Nations Industrial Development Organization | Online | - | - | - |
| 49 | January 20, 2021 | Medication Safety: Understanding Pharmacology and Drug Interaction | Medical Services Unit | - | Clinica Antipolo Hospital & Wellness Center, Inc. | Online | | | |
| 50 | January 20, 2021 | FREE Webinar: Being Microsoft Certified | AFCS System Administration Division, Knowledge Management and Information Technology, Project Management Offices (L1 CAVEX, L2 EEP, L2 WEP) | - | NTT DATA Philippines Learning Services | Online | | | |

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| 51 | January 20, 2021 | S.E.V.E.N. (Sorting, Eliminating, Validating, Evolving and Negating) Coaching Workshop | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Coach A and LIFE COACH Philippines | Online | | | |
| 52 | January 21, 2021 | Economic Briefing 2021 | All LRTA Officials, Managers and Heads of Offices, All Interested LRTA Employees | - | Asia CEO Forum | Online | | | |
| 53 | January 21, 2021 | AEC (Architecture, Engineering and Construction) Collection Essentials Episode 3: Generative Design Workflow | Lines 1 & 2 Engineering Department, Project Management Offices (L1 CAVEEX, L2 EEP, L2 WEP) | - | CIM Technologies Inc. | Online | | | |
| 54 | January 21, 2021 | Introduction to Ransomware Threats | AFC System Administration Division, Knowledge Management and Information Technology | - | Trend Micro Careers Phil. | Online | | | |
| 55 | January 21, 2021 | FY 2021 Procurement Forum: "Procurement Innovations in times of Pandemic: Leveraging technology and cultivating an agile procurement regime." | LRTA BAC, BAC-Sec | - | Government Procurement Policy Board- Technical Support Office | Online | - | - | - |
| 56 | January 21, 2021 9:30 AM - 12:30 NN | Cybersafety and Media Literacy | Planning Department, KMITD, SSD | - | Catholic Educational Association of the Philippines (CEAP) with Atty. Joseph Noel Estrada | Online | - | - | - |
| 57 | January 21-22, 2021 2:00PM | "Negosyanteng Pinoy: Makabagong Superhero sa Gitnang Pandemya | BDPRD, BDD, LRTA GAD | - | DTI Philippines with United Nations Industrial Development Organization | Online | - | - | - |

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| 58 | January 22, 2021 10:00-11:30AM | Webinar Series on COVID-19 Health Awareness: Advancing Pharmacist Role in Clinical Services and Point of Care Testing in Times of Pandemic and Beyond | Administrative Department, Medical Unit, LRTA COVID Study Task Group | - | Centro Escolar University - School of Pharmacy | Online | - | - | - |
| 59 | January 22, 2021 | Go Code: Code your Web Profile using HTML, CSS & Bootstrap | AFCS System Administration Division, Knowledge Management and Information Technology, Project Management Offices (L1 CAVEX, L2 EEP, L2 WEP) | - | Zuitt - Coding Bootcamp Philippines | Online | | | |
| 60 | January 22, 2021 | Conference on Autism | Medical Services Unit | - | Autism Society PH | Online | | | |
| 61 | January 22, 2021 | Electrical Inspections in Hazardous Locations | Lines 1 & 2 Engineering Department, Safety and Security Division, Project Management Offices (L1 CAVEX, L2 EEP, L2 WEP) | - | Marvelous SOLAR | Online | | | |
| 62 | January 22, 2021 | Resilient Project Management | Lines 1 & 2 Engineering Department, Project Management Offices (L1 CAVEX, L2 EEP, L2 WEP) | - | Project Management Institute, Philippines | Online | | | |


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| 63 | January 25, 2021 2:00PM-4:00PM | Webinar on Sexual Harassment & Date Rape (Human Rights and Access to Justice Issues of Young Women) | Legal Department, ADC, LRTA GAD | - | co-organized by the UP Law Center Institute of Human Rights (UP IHR), UP Foundation for Integrative and Development Studies (UP FIDS), and United Nations Entity for Gender Equality and the Empowerment of Women (UN WOMEN) | Online | - | - | - |
| 64 | January 25, 2021 | Tourism Sustainable Waste Management attended by Engr. Marvin Bayanay | Engr. Marvin G. Bayanay, Environmental Specialist B, Safety and Security Division | SSD | Rio Tuba Nickel Mining Corporation | Online | | | |
| 65 | January 26, 2021 1:00PM - 2:30PM | Webinar on Why Learn Digital? | Planning Department, KMITD | - | DICT Luzon Cluster 3 Marinduque in partnership with TCS Asia Pacific | Online | - | - | - |
| 66 | January 26, 2021 | Optimizing the Internet - a Practical Approach | AFCS System Administration Division, Knowledge Management and Information Technology | - | DICT | Online | | | |
| 67 | January 27, 2021 | Nine Habits of the New World of Work | Administrative Department-HRMD | - | The Institute of Leadership and Management | Online | | | |
| 68 | January 27, 2021 | Building A Positive Culture With Remote Teams | Administrative Department-HRMD | - | Ronaldo Turla, Talent Reach | Online | | | |
| 69 | January 27, 2021 2:00PM - 4:00PM | "Control Your Records Before They Control You: The Basics of Records Management and Records Control" | Administrative Department, GSD-Records, LRTA ISO QMS Core Team, Documented Information Team | - | Science and Technology Information Institute Library-DOST with speaker Mr. Martin Julius V. Perez, Archivist of the Department of Foreign Affairs (DFA) | Online | - | - | - |

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| 70 | January 28, 2021 8:00 AM - 12:00 NN | Webinar entitled, #EMBNCR_BuildingBackBetter: Zero Waste, with the theme "Bouncing back from the Pandemic to a Greener and Healthier Environment" | Administrative Department, GSD, LRTA Waste Disposal Committee | - | Environmental Management Bureau (EMB) National Capital Region | Online | - | - | - |
| 71 | January 28, 2021 | Foam Systems Technical Webinar | Lines 1 & 2 Engineering Department, Safety and Security Division, Project Management Offices (L1 CAVEEX, L2 EEP, L2 WEP), LRTA EORT | - | Mr. Lito Nosa, Senior Manager – HD Fire Protect | Online | | | |
| 72 | January 29, 2021 12:00PM – 2:00PM | Are the COVID-19 Vaccines Safe? | Administrative Department, Medical Unit, LRTA COVID Study Task Group | - | Philippine General Hospital and the Department of Health | Online | - | - | - |
| 73 | January 29, 2021 1:00 PM | Zero Waste Webinar: "Segregating at Source; Key to a Zero Waste Lifestyle" | Administrative Department, GSD, LRTA Waste Disposal Committee | - | Environmental Management Bureau Region - 4A with Resource Speaker: ENGR. MARK KEVIN FUNGO, Solid Waste Management Section, EMBR4A | Online | - | - | - |
| 74 | January 29, 2021 | 5th IIEE MMR FOUNDING ANNIVERSARY (BACK to BACK Webinars) Robert's Rule Rule Of Majority Respect For Minority Starting & Managing A Business In The New Normal For Electrical Practitioners The Design Process And Considerations For Electrical System Design Of High-Rise Buildings | Lines 1 & 2 Engineering Department, Project Management Offices (L1 CAVEEX, L2 EEP, L2 WEP) | - | Atty. Michael A. Santiago IIEE MMR REGION LEGAL ADVISER Mr. NICK TORRES, CPA, CMC, CFC CEO of TVP BUSINESS CONSULTING GROUP ENGR. MANUEL M. DE GUZMAN, PEE PRINCIPAL DESIGNER, RAMP SEC. GEN. IIEE MMR | Online | | | |
| H. OTHER ACTIVITIES | | | | | | | | | |
| 1 | None | | | | | | | | |

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